



LongStay Cyprus Brochure





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Introduction



What is LongStay Cyprus?

LongStay Cyprus is a brand-new approach to experiential tourism for retirees. We offer you the opportunity to spend a few months experiencing the history, people, culture, food and natural beauty of Cyprus. In addition, our range of LongStay Cyprus packages provide flexibility to travel and learn about neighbouring cultures in the Eastern Mediterranean, whilst offering a selection of accommodation options in all-inclusive hotels by the seaside or in our capital city. LongStay Cyprus is a lifestyle for retirees who wants to hit pause and immerse themselves somewhere new, warm, culturally-rich, and picturesque.

Why choose LongStay Cyprus?

Think ***“Eat, Pray, Love”***. Imagine spending a few months: visiting centuries-old monuments and ruins, travelling to nearby locations in Egypt, Lebanon, Jordan, Israel, Turkey, and Greece, tasting different cuisines, learning the local languages. LongStay Cyprus is more than a long stay holiday, it is a ***lifestyle***.

Our Mission

Our mission with LongStay Cyprus is to create a welcoming retirement community where Europeans can discover the unmatched charm of life on this Mediterranean island. Cyprus offers more than just sunshine and natural beauty—it offers a lifestyle rooted in warmth, cultural richness, and a sense of belonging. By combining the island’s unique character with comfortable and affordable living options, we aim to provide retirees not only with a place to live, but with a place to thrive. LongStay Cyprus is about more than accommodation; it’s about building a community where friendships are formed, cultures are shared, and every day feels like a new beginning.

Our founder, Ahmet, having spent most of his life living in Europe, decided to relocate to Cyprus. A decision that he has not regretted given the fantastic quality of life prevalent in Cyprus. Thus, it became his mission to launch LongStay Cyprus to let other Europeans enjoy these benefits.

We believe that our differentiating factor is our expertise to offer you a lifestyle that encompasses the whole island of Cyprus, allowing you to immerse yourself in both Turkish and Greek local customs. Additionally, our accommodation options are in North Cyprus, allowing us to offer you lower prices due to comparatively lower cost of living.





Our Packages

We offer a range of services across different LongStay Cyprus packages. These services can offer comfort if you prefer your lifestyle to be planned for you, or flexibility if you prefer to create your own lifestyle. Our packages offer fantastic value for money starting from **€2,095 per person per month** for double occupancy, depending on the chosen package.

| | Residence | Lifestyle | Premium |
|-------------------------------|--------------|-----------|---------|
| Airport Transfer | ✓ | ✓ | ✓ |
| All-Inclusive Accommodation | ✓ | ✓ | ✓ |
| 24/7 Personal Concierge | ✓ | ✓ | ✓ |
| Guided Activities* | | ✓ | ✓ |
| Foreign Excursions* | | | ✓ |
| Duration | 4 – 12 weeks | | |
| Starting price (per person)** | €2,095 | €2,445 | €3,220 |

*These services can also be added-onto the LongStay Residence and LongStay Lifestyle packages on an ad-hoc basis, depending on availability and at an extra charge

**These are double occupancy prices that vary based on the chosen accommodation

Airport Transfer

Free pick-up and drop-off from/to Ercan, Paphos and Larnaca Airports

Accommodation

Through our partnerships with 6 hotels in Cyprus, we can offer all-inclusive accommodation in our capital city, Nicosia, or in hotels by the seaside in Kyrenia. Alternatively, we can provide self-catered accommodation in seaside apartments in Kyrenia on request.

Our exclusive partnership with **Hotel Sun** in Nicosia allows us to offer the flexibility to change your accommodation preference once you have arrived in Cyprus. If you are still uncertain about which accommodation you would like to stay in, please feel free to contact us.

24/7 Personal Concierge

We offer on-site support with all manner of queries or questions: from car rentals to doctor's appointments, laundry service, getting a local SIM card, or booking golf or tennis appointments, we are here for you!

Guided Activities

A wide variety of excursions to different towns and communities in both the North and South of Cyprus. Excursions that have been carefully designed by our excellent in-house tour guides. These excursions include:

- Cultural tours that run twice a week
- Seasonal activities that are available on almost every day of the week

Witness how the likes of Alexander the Great, Apostle Paul, and Richard the Lionheart (to name a few..) have shaped Cyprus' 10,000 year history, Whilst seasonal activities such as hiking, wine-tasting, cooking classes, and language courses will immerse you in the local Cypriot community.

Foreign Excursions

Regular trips to various locations such as Egypt, Lebanon, Jordan, Israel, Turkey, and Greece. Given Cyprus' location, each of these locations are a short plane ride away. Each trip will include flights, accommodation, and local excursions.



Why Cyprus?

Cyprus, an enchanting island in the Mediterranean, has long been celebrated for its rich history, stunning landscapes, and warm hospitality. With a delightful blend of ancient ruins, picturesque beaches, charming villages, and delectable cuisine, the island beckons travellers from around the world. For those seeking an immersive experience, we list below key reasons why Cyprus offers a unique lifestyle for you:

Laid-back Mediterranean living

Bask in the island's pleasant climate, where sunny days are abundant and leisurely evenings are best spent savouring delicious local delicacies at quaint tavernas. Cyprus' unhurried pace allows visitors to escape the fast-paced world, promoting relaxation and rejuvenation amidst its picturesque surroundings.



Diverse and stunning nature

Also known as the island of Aphrodite, Cyprus offers golden sandy beaches, turquoise sea, spectacular mountains and green valleys that invite you to swim, hike and bike. And if you like wildlife, there is a large variety of fauna, including endemic species such as the famous Cypriot mouflon, loggerhead and green sea turtles, and a rich catalogue of birds and reptiles. This natural beauty never ceases to amaze, even locals continue to regularly discover new adventurous locations!



Rich history and cultural heritage

Cyprus boasts a captivating history dating back thousands of years, evidenced by its well-preserved archaeological sites and cultural landmarks. A prolonged stay allows history enthusiasts to delve deeper into the island's past, exploring ancient ruins like the Kourion and Salamis, and immersing themselves in the fascinating stories of civilizations that once flourished on its shores.



Gastronomic delights

The local Cypriot cuisine is greatly influenced by the local organic ingredients grown in the island. The markets offer an incredible variety of fruit and vegetables. There are citrus fruits and bananas in the winter, strawberries in the spring, and pomegranates, grapes and peaches in the summer. The specialties of the island include the "grilled cheese" Haloumi, the wild asparagus and the excellent olive oil. And for meat lovers, there is of course the famous kleftiko, butter-soft lamb from the clay oven, which is best paired with Cypriot wine from the Troodos Mountains.



Language and authentic Cypriot culture

Spending an extended period in Cyprus provides a chance to learn the local language, Greek and/or Turkish. Engaging in conversations with the locals fosters a sense of belonging and social integration, allowing visitors to form deeper connections with the community. Living amongst the locals for an extended period allows visitors to experience the authentic Cypriot culture firsthand. Engaging with friendly Cypriots, participating in traditional festivals, and trying out age-old customs, offers an intimate glimpse into the island's unique way of life.



Cheap and affordable cost of living

If you're wondering "well, surely, moving to, or living in Cyprus must be expensive!" then the answer will surprise you. It definitely is not! LongStay Cyprus packages may even be cheaper than spending the winter at home! The LongStay Premium Lifestyle package with all-inclusive accommodation, guided activities, and foreign excursions to destinations in the Eastern Mediterranean costs start from **€3,220 per person per month**. Whilst cheaper packages start at just **€2,095 per person per month!**



Healthcare and wellness

Cyprus has first class and modern medical care in both the North and South. With its first-rate hospitals and clinics, as well as wellness centres, all available at reasonable and attractive prices, it is no surprise that Cyprus is fast becoming a destination of choice in the medical tourism sector. EU Health Insurance Card holders can utilise free healthcare in South Cyprus, which our 24/7 Personal Concierges can assist you with.



Border Crossing & Visa Requirements

Travel between North and South Cyprus is straightforward, with a number of official checkpoints open daily for locals and visitors. The process is simple and quick, usually requiring just a passport for identification, and EU citizens enjoy especially smooth access. Popular crossing points include Ledra Street in central Nicosia, Metehan, and several others across the island. There are no visa requirements for North Cyprus, as tourism visas of 30–90 days are automatically issued at entry, and the LongStay Cyprus team will be there with you every step of the way.



Retirement



Our Philosophy

At LongStay Cyprus, we are dedicated to reshaping the concept of retirement living. We believe this stage of life should be filled with enrichment, growth, and the freedom to embrace joy and purpose every day. Our philosophy is based on three main tenets:

Community:

Community is at the heart of LongStay Cyprus. This isn't just a place to stay; it's a supportive and friendly environment where meaningful connections are made, and every day brings opportunities to share experiences with like-minded people

Fulfilment and Adventure:

Retirement is a new beginning, full of personal fulfillment and exciting adventures. From cultural excursions to a vibrant community life, LongStay Cyprus offers experiences that bring joy and encourage the pursuit of lifelong dreams.

Empathy and Respect:

Our values are rooted in empathy and respect. We recognize that every resident brings a unique life story. At LongStay Cyprus, we celebrate these stories and cultivate an atmosphere of dignity, ensuring everyone is treated with the utmost respect.





Where Every Day is a Celebration of Life

At LongStay Cyprus, you're not just staying in a new place—you're becoming part of a warm, welcoming family. Our community thrives on shared understanding, kindness, and respect. Reimagine your retirement with the perfect balance of adventure and tranquility. LongStay Cyprus offers activities that match every interest, ensuring a fulfilling and peaceful stay. Below we illustrate examples of the variety of activities and experiences you can enjoy with us!



Culinary Tours



Cultural Experiences



Over 150 Beaches



300 Days of Sunshine



Activities



Foreign Excursions



Hiking Tours



Cocktails



Tennis



Golf



Mindfulness And Yoga



Cycling



Spa And Wellness



Sailing

Community and Lifestyle Integration

For many retirees, building new social connections and finding fulfilling activities is just as important as practical arrangements. LongStay Cyprus helps you integrate into the local community by recommending clubs, cultural events, and recreational activities, as well as introducing you to like-minded groups. From golf and sailing to language classes and jazz nights, we ensure that retirees enjoy a rich and engaging lifestyle while feeling truly like a local in Cyprus.

Accessibility & Mobility

Getting around comfortably and safely is a priority for many retirees. Whether it's ensuring easy access at accommodation, or recommending routes with minimal walking, our 24/7 Personal Concierges are always close by and ready to assist. We make sure every aspect of your stay is tailored to your mobility needs, so you can explore Cyprus with confidence and ease.

Everyday Assistance

Small daily tasks can sometimes become challenging, but with LongStay Cyprus you never have to worry. From ensuring dietary requirements are met at your accommodation and assisting with medication pick-ups to booking taxis or helping with local arrangements, our Personal Concierges are nearby and always attentive to your needs. Their proactive support ensures you remain comfortable and stress-free throughout your stay.

Emergency Support

Retirees want the reassurance that help is at hand whenever it's needed. Our 24/7 Personal Concierges are locally sourced and trained to respond quickly in the event of an emergency, whether medical, travel-related, or otherwise. Their close presence and awareness of your individual requirements mean that assistance is immediate and personal, giving you complete peace of mind.



Cyprus Destinations



Akamas



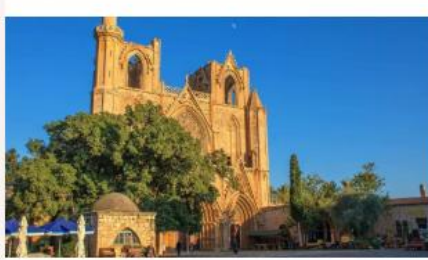
Kormacit



Limassol



Paphos



Famagusta



Kyrenia



Nicosia



Troodos Mountains



Karpaz



Larnaca



Morphou & Lefke



Akamas: A Natural Haven on Cyprus' Western Coast

Nestled along Cyprus' rugged western shoreline, **Akamas National Park** stretches over 230 square kilometers, offering a breathtaking combination of lush valleys, dramatic gorges, and unspoiled sandy bays. Much like the Karpaz Peninsula in the east, Akamas serves as a critical sanctuary for numerous endangered species, making it a must-visit for nature lovers and adventure seekers alike.



Preserving a Natural Treasure

Though not officially designated a national park, Akamas is a **protected area under European law** and is recognized by the **European Council** as part of the Mediterranean protection program. Conservation efforts ensure that Akamas remains a pristine gem for future generations to cherish.



Plan Your Visit to Akamas National Park

Whether you're a keen hiker, a wildlife photographer, or simply someone who loves immersing themselves in nature, Akamas National Park promises an unforgettable experience. Its stunning landscapes, rich biodiversity, and historical significance make it one of Cyprus' most precious environmental assets.

Explore Legends and History

Beyond its natural allure, Akamas holds a special place in Cypriot legend. According to myth, the peninsula was named after Akamas, the son of Theseus, who settled in the area after the Trojan War. He built a grand city near what is now Polis, contributing to the flourishing flora and attracting settlers to the region.



A Rich Tapestry of Biodiversity

Akamas is renowned for its vibrant biodiversity, hosting a wide variety of flora and fauna that thrive within its diverse ecosystems:

Birds: Over 168 species of birds, including endemic varieties like the Cyprus warbler and Cyprus wheatear, fill the skies above the park.

Reptiles and Mammals: The park is a sanctuary for 20 species of reptiles and 12 species of mammals, such as the endangered Mediterranean monk seal.

Butterflies: Akamas is home to 12 species of butterflies, adding vibrant splashes of color to its already rich tapestry of nature.



Kormacit: A Maronite Cultural Haven in Cyprus

Kormacit, also known as Korucam in Turkish, is a unique village in the Kyrenia district of Northern Cyprus. It's one of only four Maronite villages on the island and holds the distinction of being the largest Maronite community in Cyprus. The Maronites, originally from Lebanon, have inhabited this area since the 8th century, bringing with them a rich cultural heritage.



Religious and Cultural Heart

At the center of village life is the **Church of Saint George**, a testament to the deep-rooted Christian faith of the community. This church, with its distinctive architecture, serves not only as a place of worship but also as a symbol of Maronite identity in Cyprus. Despite political changes that led many residents to relocate to the southern part of Cyprus, Kormacit remains a focal point for Maronite culture. During major religious holidays like Christmas and Easter, the village population swells as Maronites return to celebrate their heritage and traditions.



A Living Linguistic Treasure

One of the most fascinating aspects of Kormacit is its language, **Sanna** or **Cypriot Maronite Arabic**. This unique dialect is a blend of Arabic, Aramaic, and Greek, reflecting the complex history of the Maronite community in Cyprus. Sadly, Sanna is now considered a critically endangered language by UNESCO, with only a few hundred speakers remaining, mostly elderly residents of Kormacit.



Recent Developments and Tourism

In recent years, efforts have been made to preserve and promote Kormacit's unique culture. The village has seen the establishment of a **Maronite museum**, which showcases the history and traditions of the community. Additionally, there's been a push towards agrotourism, with traditional houses being restored to accommodate visitors interested in experiencing Maronite culture firsthand.

For outdoor enthusiasts, Kormacit offers access to nature trails in the surrounding countryside, providing opportunities for hiking and mountain biking. These trails offer not just recreational activities but also a chance to explore the natural beauty of the region.



Limassol: A Dynamic Blend of History and Modernity in Cyprus

Limassol, the second-largest city in Cyprus, serves as the island's main port and a vibrant holiday resort. Nestled between the southern slopes of the Troodos Mountains and the sparkling Mediterranean coast, Limassol is a city where legends of kings and the birth of the island's winemaking industry come to life amidst a rapidly modernizing skyline.



Economic Hub and Modern Development

Over recent decades, Limassol has emerged as a center for foreign investment in Cyprus, transforming its skyline with contemporary architecture and expanding its role in the global economy. The city's port, one of the busiest in the Mediterranean, plays a crucial role in Cyprus's economy and has contributed significantly to Limassol's growth as a business center.

Natural Beauty and Environmental Significance

Beyond urban development, Limassol is surrounded by natural wonders. The Germasogeia Dam offers a tranquil escape for relaxation, strolls, and angling. Its serene waters and surrounding greenery provide a stark contrast to the bustling city life, offering locals and visitors alike a peaceful retreat.

Meanwhile, Akrotiri Salt Lake is a haven for nature lovers, particularly bird watchers. This unique ecosystem is a vital stopover for migratory birds, including thousands of flamingos that visit during winter months. The Akrotiri Environmental Centre highlights the ecological importance of the area, offering educational programs and guided tours that showcase the region's rich biodiversity.

The Limassol Marina, a state-of-the-art waterfront development, exemplifies the city's modern face, offering luxury residences, high-end shopping, and world-class dining alongside berths for yachts, seamlessly blending maritime tradition with contemporary lifestyle.



Cultural and Historical Richness

Dive into the history of Limassol, where ancient tales and the heritage of wine craft paint a picture of the region's past glories. The city's rich history is evident in landmarks such as the medieval Limassol Castle, said to be where Richard the Lionheart married Berengaria of Navarre. The nearby Kolossi Castle, a former Crusader stronghold, stands as a testament to the city's strategic importance throughout the centuries.



Paphos: A Historical Gem in the Southwestern Corner of Cyprus

Located in the picturesque southwestern corner of Cyprus, Paphos is a captivating town known for its scenic harbour and rich historical heritage. This vibrant coastal destination is a hub for tourists, offering daily boat trips and a variety of scuba diving schools that promise unforgettable underwater adventures.



Vibrant Harbour Life

Paphos Harbour is not only a departure point for exploring the azure waters of the Mediterranean but also a lively area filled with eateries and shops. It's the perfect place to relax after a day of historical exploration or to prepare for a diving adventure in the crystal-clear waters.

The harbour is dominated by the Paphos Castle, a Byzantine fort rebuilt by the Lusignans and later reinforced by the Ottomans. Today, it stands as an iconic landmark and serves as a backdrop for the annual open-air Paphos cultural festival.



Kato Paphos (UNESCO World Heritage Site)

Kato Paphos Archaeological Park: Just a short walk from the bustling harbour, you'll find the archaeological site of Kato Paphos, a UNESCO World Heritage site celebrated for its extraordinary 2nd-century AD mosaics. These stunning artworks, unique to Cyprus and only unearthed in the 20th century, depict intricate scenes from mythology and daily ancient life, offering a window into the past.

The park is home to several significant structures, including the House of Dionysos, the House of Aion, the House of Theseus, and the Villa of Orpheus, all renowned for their well-preserved mosaic floors. These mosaics are considered among the finest in the Eastern Mediterranean, showcasing the wealth and sophistication of ancient Paphos.



Maritime Adventures

Paphos is a paradise for water enthusiasts. The town boasts several reputable diving schools offering courses for beginners and experienced divers alike. The waters around Paphos are home to diverse marine life and interesting dive sites, including underwater caves and shipwrecks. For those preferring to stay above water, daily boat trips from the harbour offer opportunities to explore the coastline, visit secluded beaches, and even spot dolphins in their natural habitat.



Famagusta: A City of Rich History and Vibrant Modern Life

Famagusta, located on the eastern coast of Cyprus, has been a pivotal commercial hub in the Eastern Mediterranean for centuries. Its historical significance dates back to the Bronze Age, when it was a major exporter of copper, bronze, and ceramics to advanced civilizations like Egypt and Assyria. During the Middle Ages, as the easternmost Christian outpost, Famagusta amassed incredible wealth and reputation.



Venetian Architectural Heritage

The well-preserved Venetian city walls and numerous medieval churches stand as testaments to Famagusta's glorious past, offering a fascinating journey through history for visitors. The most prominent landmark is the Lala Mustafa Pasha Mosque, formerly known as the Cathedral of Saint Nicholas, a stunning example of Gothic architecture that has been converted into a mosque.

Walking along the massive city walls, visitors can imagine the grandeur of medieval Famagusta and its importance as a fortified port city. The Othello Castle, linked to Shakespeare's play, adds a touch of literary intrigue to the city's rich tapestry of history.



Contrasting Landscapes

Adjacent to the historic center lies the Ghost Town of Varosha, a poignant reminder of the 1974 conflict in Cyprus. This area provides a stark contrast to the bustling city life, representing a frozen moment in time. Once a thriving tourist resort, Varosha now stands as a silent testimony to the complexities of Cyprus's recent history.

The juxtaposition of the lively old town and university area with the abandoned Varosha creates a unique atmosphere, offering visitors a thought-provoking experience that encapsulates the island's complex past and present.



Coastal Beauty and Natural Attractions

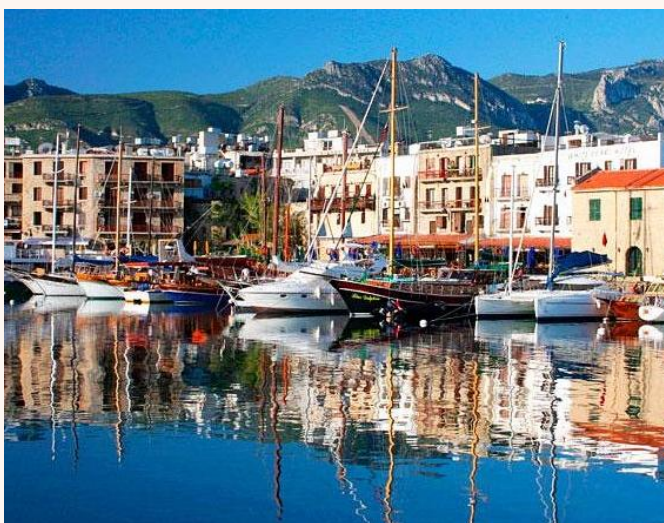
Famagusta is not just about history and academia; it also boasts beautiful golden sand beaches along its coastline. The crystal-clear waters of the Mediterranean provide excellent opportunities for swimming, water sports, and relaxation.

Nearby, nature lovers can explore the Karpaz Peninsula, known for its unspoiled beaches, wild donkeys, and rich biodiversity. This natural wonderland offers a perfect escape for those seeking to combine historical exploration with outdoor adventures.



Kyrenia: The Historic Heart of Northern Cyprus

Girne, also known as Kyrenia, is the cultural and touristic center of Northern Cyprus. This enchanting city is famed for its picturesque medieval harbour and the majestic Venetian castle that overlooks it. Whether you're seeking a leisurely boat ride, a dive into history, or a shopping spree, Girne/Kyrenia offers a captivating blend of activities and sights.



Venetian Castle and Harbour

The historic centre of Kyrenia features a stunning medieval harbour, where wooden gullet ships offer daily boat trips complete with swimming breaks and onboard lunch. This picturesque setting provides a perfect backdrop for leisurely strolls, dining at waterfront restaurants, or simply enjoying the Mediterranean ambiance.

The harbour is dominated by an impressive Venetian castle, which has stood for over ten centuries. Today, the castle houses the ancient Kyrenia shipwreck, discovered in the 1960s and hailed as an archaeological marvel. This well-preserved wreck, dating back to the 4th century BC, offers visitors a unique glimpse into ancient maritime history.



Shopping and Local Crafts

Behind the harbour, narrow streets buzz with shops selling souvenirs, boutiques, and jewelry. These charming alleyways offer a delightful shopping experience, where visitors can find unique local crafts, traditional Cypriot products, and a variety of other goods.

Bargain hunters will delight in the array of items available, including replicas of luxury goods at surprisingly low prices. However, visitors should be aware that many of these items are imitations and should be purchased as novelties rather than authentic luxury goods.



Natural Beauty and Outdoor Activities

Kyrenia is blessed with beautiful Mediterranean beaches, perfect for swimming, sunbathing, and water sports. The nearby Kyrenia Mountains offer excellent hiking opportunities, with trails that provide panoramic views of the coastline and the Turkish mainland on clear days.

For nature lovers, the nearby Alagadi Turtle Beach is a protected nesting site for green and loggerhead turtles. Visitors can participate in turtle watching activities during the nesting season, contributing to conservation efforts while enjoying a unique natural spectacle.



Nicosia: The Cultural Capital and Hidden Gem of Cyprus

Nicosia, the capital of Cyprus, remains a lesser-known treasure among travellers drawn primarily to the island's famous sea and sun. Straddling the line between its Greek and Turkish influences, Nicosia (Lefkoşa in Turkish, Λευκωσία in Greek) is centrally located and offers a deep dive into a rich historical tapestry that contrasts sharply with the more tourist-frequented coastal destinations.



Intact 16th-Century City Walls

One of Nicosia's most remarkable features is its well-preserved city walls, designed in a perfect circle with a diameter of 1.6 kilometers. These historic fortifications encircle the old city, offering a panoramic view into the past and a unique structural design rarely seen in modern cities.

Built by the Venetians in the 16th century, these walls not only serve as a testament to the city's rich history but also provide an excellent vantage point for visitors to appreciate the layout of the old town and the stark division that runs through its heart.



Divided Yet Dynamic

The historic center within the walls is uniquely divided, with pedestrian-only checkpoints that are open 24/7, allowing easy access between the southern and northern parts. This division, a result of the island's complex political history, creates a fascinating urban landscape where two distinct cultures meet.



Rich Cultural Attractions

Nicosia is home to numerous museums and cultural sites. The Cyprus Museum, the largest archaeological museum on the island, houses an impressive collection of Cypriot antiquities. The Leventis Municipal Museum offers insight into the city's history and urban development.

The Büyük Han (Great Inn) in the northern part is a beautifully restored 16th-century caravanserai, now hosting cafes, artisan workshops, and cultural events. The Selimiye Mosque, formerly the Cathedral of Saint Sophia, is another must-visit site, showcasing the city's layered history.



Troodos Mountains: Cyprus's Natural and Cultural Treasure

Nestled in the heart of Cyprus, the Troodos Mountains are a spectacular geological feature, dominated by the highest peak, Chionistra, famously known as the "snowy mountain." Standing tall at 1,952 meters, Chionistra is not only a winter sports haven with its skiing facilities but also a popular destination for hiking enthusiasts with trails that circle the peak at various elevations.



Agricultural Bounty

The lower slopes of the Troodos Mountains are adorned with cherry trees and vineyards, where some of Cyprus's finest wines are cultivated. The unique elevation, up to 1,000 meters, contributes to the distinctive quality of these wines, making the region a must-visit for wine enthusiasts.

The Troodos region is also known for its production of traditional products such as rose water, carob syrup, and local sweets. Visitors can explore picturesque villages where these products are made using time-honored methods, offering a taste of authentic Cypriot culture and cuisine.

UNESCO World Heritage Sites

The Troodos range is renowned for its cultural heritage, including a series of 10 Byzantine Churches that have earned UNESCO World Heritage status. These historic sites are complemented by numerous other monasteries and chapels dotting the landscape, offering a glimpse into the spiritual history of Cyprus.

These churches, with their distinctive steep-pitched timber roofs, date from the Byzantine period and feature outstanding examples of religious frescoes. Their preservation offers visitors a unique window into the artistic and religious traditions of the Eastern Christian Orthodox Church.



Outdoor Activities and Natural Beauty

The Troodos Mountains offer a diverse range of outdoor activities throughout the year. In winter, the ski resort on Mount Olympus attracts snow sports enthusiasts, while the warmer months are perfect for hiking, mountain biking, and birdwatching.

Nature lovers will appreciate the region's unique flora and fauna, including endemic species of plants and birds. The Troodos National Forest Park, covering a significant portion of the mountain range, provides well-marked nature trails and picnic sites, allowing visitors to immerse themselves in the area's natural beauty.





Karpaz Peninsula: A Haven for Nature and Serenity in North-Eastern Cyprus

The Karpaz Peninsula, located in the northeastern tip of Cyprus, is a sanctuary of natural beauty and tranquility. Often compared to Akamas in the west, Karpaz is celebrated for its rich biodiversity, including a variety of flora and fauna that make it a vital refuge for wildlife enthusiasts and eco-tourists.



Must-Visit Landmarks in Karpaz

Church of Saint Andrews: At the tip of the peninsula, this historic site offers spiritual and architectural interest amidst the scenic views of the surrounding landscape. The church, with its holy spring, is a place of pilgrimage for both Greek and Turkish Cypriots.

Golden Beach: Known for its pristine, untouched beauty, Golden Beach is a perfect spot for those looking to escape the crowded tourist beaches and enjoy some quiet relaxation. Stretching for about 3 miles, this unspoiled beach is one of the most beautiful in the Mediterranean.

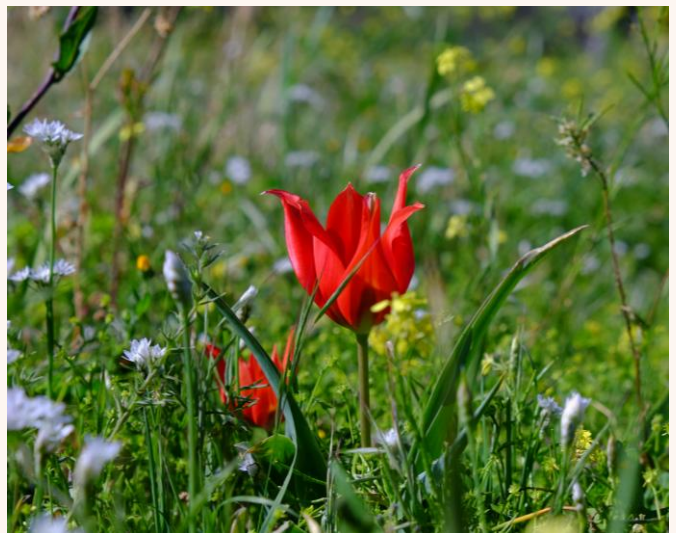
Tranquil Villages and Landscapes: Beyond its wildlife and beaches, Karpaz is dotted with tranquil villages and stunning landscapes that make it the ideal region for a relaxed retreat from everyday hustle. Villages like Dipkarpaz offer a glimpse into traditional Cypriot life.



Diverse Wildlife

Karpaz is a crucial habitat for migrating birds, endangered reptiles, and a plethora of wildflowers, including unique endemic species like the *Ophrys Kotschii* orchid and the *Tulipa Cypria* tulip. This rich biodiversity provides endless opportunities for wildlife observation and photography.

The peninsula serves as an important stopover for migratory birds, making it a paradise for birdwatchers. Species such as the greater flamingo, European roller, and various birds of prey can be spotted in different seasons, adding to the area's ecological significance.



Home of the Wild Cypriot Donkeys

The peninsula is famously home to herds of free-roaming wild donkeys, known for their larger size compared to their relatives elsewhere. These friendly creatures are a favorite among visitors, and don't forget to bring some apples or carrots to feed these long-eared locals!

These donkeys, believed to be descendants of domestic donkeys left behind by fleeing farmers in 1974, have adapted to the wild and now roam freely across the peninsula. They have become an iconic symbol of Karpaz and a unique attraction for visitors.



Larnaca: A Blend of Natural Beauty and Cultural Richness in Cyprus

Larnaca, a gem on the southern coast of Cyprus, is renowned for its beautiful sandy beach right in the city center. This beach is not only a paradise for sun-seekers but also offers a plethora of facilities including kiosks, sunbeds, and beach volleyball courts, making it a perfect spot for a day under the sun.



Cultural Highlights and Architectural Marvels

Rich Cultural Tapestry: Larnaca's architecture and sights are profoundly influenced by the island's main cultural and religious groups—the Orthodox Christians and the Muslim community, providing a diverse cultural experience.

Historic and Religious Sites: The city hosts significant religious landmarks such as the Big Mosque (Kebir Cami), located at the edge of the old Turkish Quarter near the castle. This area still retains ancient Ottoman street names, adding to its historical charm. Just a short walk away stands the Church of St. Lazarus, reputed to have been the bishop of Larnaca after his resurrection. The church is admired for its intricately carved stone bell tower.

Hala Sultan Tekke: Situated on the shores of the Larnaca Salt Lake, this revered Muslim monastery is dedicated to the aunt of Mohammed. It is a site of pilgrimage and reflection, surrounded by the natural beauty of the Salt Lake, which hosts vibrant flocks of flamingos during the winter months. Please be properly dressed, which means shoulders, elbows, and knees covered – otherwise entrance can be denied, and there is no additional clothing provided as in other monasteries and sites!

Natural Attractions

Larnaca Salt Lake: This unique ecosystem is not only home to the Hala Sultan Tekke but also a haven for wildlife. During winter months, it becomes a spectacular sight as thousands of pink flamingos gather here, creating a breathtaking natural spectacle.

Beaches: Besides the central city beach, Larnaca boasts several beautiful beaches along its coastline. Mackenzie Beach and Finikoudes Beach are popular spots offering clear waters and excellent facilities for a perfect beach day.



In the Surroundings

Choirokoitia Neolithic Site: Explore the ancient world at Choirokoitia, a well-preserved Neolithic site that offers insights into early human civilizations. This UNESCO World Heritage site, dating back to the 7th millennium BC, provides a fascinating glimpse into prehistoric life on the island.

Village of Lefkara: A short drive from Larnaca, Lefkara is famous worldwide for its traditional embroidery. This picturesque village is a great place to witness and acquire unique Cypriot handicrafts. The intricate Lefkaritika lace, a proud tradition of the village, is said to have once captivated Leonardo da Vinci.



Morphou and Lefke: The Untamed West of Northern Cyprus

Morphou, known as Güzelyurt in Turkish, along with Lefke, epitomizes the "Wild West" of Cyprus. This region is the less trodden part of Northern Cyprus, enchanting visitors with its unspoiled landscapes and the literal meaning of its name, "beautiful land."



Lefke: From Ancient Mines to Lush Orchards

Travel further west to the former mining town of Lefke, situated on the northern slopes of the Troodos Mountains. Known for its rich deposits of metal ores, Cyprus's fame for copper exports dates back to ancient times. Visitors today can explore the ruins of 1960s mining facilities, offering a glimpse into the island's industrial heritage.

Lefke's landscape is a testament to nature's resilience, with lush vegetation reclaiming areas once dominated by mining activities. The town's unique blend of Ottoman, British colonial, and modern architecture adds to its charm, making it a fascinating destination for history and architecture enthusiasts.



Güzelyurt: The City of Saint Mamas

At the heart of Güzelyurt lies the Church of Saint Mamas, revered as the patron saint of tax avoiders, adding a unique twist to the city's cultural heritage. This historical anomaly provides a fascinating insight into the local lore and is a must-visit for those intrigued by unusual cultural tales.

The church, now serving as the Icon Museum, houses an impressive collection of icons and frescoes, offering visitors a glimpse into the rich religious art of Cyprus. The story of Saint Mamas, who rode a lion while carrying a lamb, is intricately woven into the local folklore and adds a layer of mystique to the city's character.



Limniti/Yesilirmak: The Strawberry Fields

At the northern tip lies Limniti, also known as Yesilirmak, famous for its extensive strawberry fields. Here, visitors can enjoy the freshest strawberries from February to May, making it a delightful stop for fruit lovers and those interested in local farming practices. The fertile valley of Yesilirmak, irrigated by mountain streams, creates ideal conditions for strawberry cultivation. During the harvest season, the area comes alive with color and activity, offering a unique agricultural experience to visitors.



Foreign Destinations



Egypt
2 Locations



Greece
3 Locations



Jordan
1 Location



Lebanon
1 Location



Israel
1 Location



Turkey
4 Locations



Egypt: A Land of Ancient Wonders and Modern Marvels

Egypt, a transcontinental country spanning the northeast corner of Africa and southwest corner of Asia, is a land of ancient wonders and modern marvels. With a history spanning over 5000 years, Egypt offers a unique blend of historical grandeur and contemporary charm, making it a must-visit destination for travellers from around the world. Egyptian culture is a vibrant mix of ancient traditions and modern influences. Whether you're exploring the historical sites of Cairo or enjoying the resort life in Sharm El Sheikh, you'll encounter the warmth and hospitality of Egyptian people. From savoring local cuisine to enjoying traditional music and dance, Egypt offers a feast for the senses.

Cairo: Where Ancient History Meets Modern Vibrancy

Cairo, the capital of Egypt, is a bustling metropolis that seamlessly blends ancient wonders with modern urban life. Known as "The City of a Thousand Minarets," Cairo offers an unparalleled journey through time. The iconic Pyramids of Giza and the enigmatic Sphinx stand on the city's outskirts, while the Egyptian Museum in the heart of Cairo houses an extensive collection of ancient artifacts, including the treasures of Tutankhamun.

Beyond its ancient wonders, Cairo boasts a vibrant cultural scene. The historic Islamic Cairo district is a treasure trove of medieval mosques and monuments, while the bustling Khan el-Khalili bazaar offers a glimpse into traditional Egyptian life. Modern Cairo is equally captivating, with contemporary art galleries, world-class cuisine, and a lively nightlife scene.

Sharm El Sheikh: Egypt's Premier Beach Resort

Situated on the southern tip of the Sinai Peninsula, Sharm El Sheikh is Egypt's premier beach resort town. Known for its sheltered sandy beaches, clear waters, and some of the world's most amazing underwater scenery, Sharm El Sheikh is a paradise for sun-seekers and diving enthusiasts alike.

Sharm El Sheikh is renowned for its exceptional diving sites, including the Strait of Tiran and Ras Mohammed National Park. These waters are home to vibrant coral reefs, diverse marine life, and several shipwrecks. The town also offers beautiful beaches perfect for relaxation, water sports, and soaking up the year-round sunshine. Beyond the coast, visitors can embark on exciting desert adventures, from quad biking to stargazing in the Sinai Desert.





Greece: A Tapestry of Ancient Wonders and Mediterranean Beauty

Greece, the cradle of Western civilization, is a country where ancient history meets stunning natural beauty. From its iconic archaeological sites to its sun-drenched islands, Greece offers a diverse range of experiences that captivate visitors from around the world. Explore the bustling streets of Athens, the cultural richness of Thessaloniki, and the enchanting landscapes of Crete for a truly unforgettable Greek adventure.

Athens: The Heart of Ancient Greece

Athens, the capital city, is a vibrant metropolis where the ancient and modern worlds coexist harmoniously. The city's crowning glory is the Acropolis, home to the iconic Parthenon, which stands as a testament to Greece's golden age. The nearby Acropolis Museum and the National Archaeological Museum house priceless artifacts that bring ancient Greek history to life.

Beyond its historical treasures, Athens offers a dynamic contemporary scene. Explore the charming Plaka neighborhood with its narrow streets and neoclassical architecture, or indulge in the city's renowned culinary scene, from traditional tavernas to modern, innovative restaurants. The vibrant nightlife of areas like Psyrri and Gazi showcases the city's modern, cosmopolitan character.

Thessaloniki: Greece's Cultural Melting Pot

Thessaloniki, Greece's second-largest city, is a vibrant coastal metropolis known for its rich history, diverse cultural scene, and excellent cuisine. The city's seafront promenade, lined with cafes and bars, is perfect for leisurely strolls and taking in views of the Thermaic Gulf.

Thessaloniki boasts numerous Byzantine churches and Roman monuments, including the iconic White Tower and the Arch of Galerius. The city's museums, such as the Archaeological Museum and the Museum of Byzantine Culture, offer deep insights into the region's complex history. Known for its vibrant arts scene, Thessaloniki hosts the annual International Film Festival and numerous cultural events throughout the year.

Crete: An Island of Myths and Natural Beauty

Crete, the largest Greek island, is a world unto itself, offering a unique blend of stunning landscapes, rich mythology, and warm hospitality. From the legendary Palace of Knossos, center of the ancient Minoan civilization, to the dramatic Samaria Gorge, Crete's diverse attractions cater to history buffs and nature lovers alike.

The island's beautiful beaches range from the pink sands of Elafonisi to the lagoon-like waters of Balos. Crete's cuisine is renowned throughout Greece, with local specialties that reflect the island's unique culinary traditions. Charming villages like Chania and Rethymno showcase the island's Venetian influences, while the rugged interior offers opportunities for hiking and discovering traditional mountain life.





Jordan: A Land of Ancient Wonders and Natural Beauty

Jordan, a country rich in history and natural wonders, offers visitors a unique blend of ancient civilizations, breathtaking landscapes, and warm hospitality. From the rose-red city of Petra to the tranquil shores of the Dead Sea, from the desert expanses of Wadi Rum to the bustling streets of Amman, Jordan presents a diverse tapestry of experiences that captivate travellers from around the world.

Petra: The Rose-Red City

Petra, Jordan's most famous attraction, is an ancient city carved into rose-red cliffs. This UNESCO World Heritage site, once the capital of the Nabataean Kingdom, is accessed through a narrow gorge called the Siq, which opens up to reveal the magnificent Treasury facade. Beyond this iconic structure lie hundreds of elaborate rock-cut tombs, a Roman-style theatre, temples, and monasteries.

Exploring Petra by day is awe-inspiring, but the site takes on a magical quality when illuminated by candlelight during the Petra by Night experience. The ancient city's rich history, architectural marvels, and the ingenuity of its water conduit system continue to amaze visitors from around the globe.

The Dead Sea: A Natural Wonder

The Dead Sea, the lowest point on Earth, is a natural wonder known for its extremely salty waters and mineral-rich mud. Floating effortlessly on its surface is a unique experience that attracts visitors from around the world. The area is also known for its health and wellness resorts, where visitors can enjoy spa treatments utilizing the sea's natural resources.

Beyond its recreational appeal, the Dead Sea region is steeped in history. Nearby sites like Mount Nebo, where Moses is said to have viewed the Promised Land, add a layer of historical and religious significance to the area.

Wadi Rum: The Valley of the Moon

Wadi Rum, also known as the Valley of the Moon, is a vast desert landscape of red sands, towering cliffs, and ancient rock carvings. This protected area offers visitors the chance to experience the raw beauty of the desert through activities like jeep tours, camel rides, and overnight stays in Bedouin camps.

The otherworldly scenery of Wadi Rum has served as a backdrop for numerous films, including "Lawrence of Arabia" and "The Martian." Its stunning sunsets, stargazing opportunities, and the chance to connect with Bedouin culture make it a must-visit destination in Jordan.

Amman: A Blend of Ancient and Modern

Amman, Jordan's capital, is a city where ancient history and modern urban life coexist. The city's Citadel Hill offers panoramic views and houses important historical sites, including the Temple of Hercules and the Umayyad Palace. At the foot of the Citadel lies the Roman Theatre, a 6,000-seat structure dating back to the 2nd century.

Modern Amman is a bustling metropolis with vibrant neighborhoods like Rainbow Street, known for its cafes, art galleries, and boutiques. The city serves as an excellent base for exploring Jordan, with its international airport and well-connected transportation system.



Lebanon: A Jewel of the Mediterranean

Lebanon, a small country with a grand history, offers visitors an incredible diversity of experiences. From ancient ruins to vibrant cities, from snow-capped mountains to sun-drenched beaches, Lebanon packs a wealth of attractions into its compact territory. Known for its rich culture, mouthwatering cuisine, and legendary hospitality, Lebanon is a destination that captivates and surprises at every turn.

Beirut: The Paris of the Middle East

Beirut, Lebanon's capital, is a city of contrasts where modern skyscrapers stand alongside ancient ruins. The city's vibrant energy is palpable in its bustling souks, trendy neighborhoods like Gemmayzeh and Mar Mikhael, and its stunning corniche along the Mediterranean. The National Museum of Beirut offers a journey through Lebanon's rich history, while the reconstructed downtown showcases the city's resilience and forward-looking spirit.

Beirut's nightlife is legendary, with a plethora of restaurants, bars, and clubs catering to all tastes. The city's culinary scene is a highlight, offering everything from street food to high-end dining experiences that showcase Lebanon's acclaimed cuisine.

Byblos: One of the Oldest Continuously Inhabited Cities

Byblos, known locally as Jbeil, is an ancient Phoenician city that has been continuously inhabited for over 7,000 years. Its picturesque harbor, surrounded by ancient city walls, creates a magical atmosphere. The Byblos Castle, built by the Crusaders in the 12th century, offers panoramic views of the Mediterranean.

Visitors can explore the ancient ruins, including the Temple of Baalat Gebal and the Roman amphitheater, before wandering through the charming old souk with its traditional crafts and cafes. Byblos' beaches and seafront restaurants make it a perfect blend of history and relaxation.

Baalbek: The City of the Sun

Baalbek, located in the Beqaa Valley, is home to some of the most impressive Roman ruins in the world. The Temple of Bacchus and the Temple of Jupiter are awe-inspiring in their scale and preservation. The site's massive stone blocks, some of the largest ever used in construction, continue to baffle modern engineers.

The Baalbek International Festival, held among these ancient ruins, is a highlight of Lebanon's cultural calendar, featuring performances by international and local artists against a backdrop of illuminated temples.

The Cedars and Lebanese Mountains

Lebanon's mountains offer a refreshing escape and diverse activities year-round. The Cedars of God, a UNESCO World Heritage site, is home to some of the oldest trees on Earth and is a symbol of national pride. In winter, ski resorts like Faraya Mzaar provide excellent slopes, while summer offers hiking trails and cooler temperatures.

The Qadisha Valley, another UNESCO site, is dotted with ancient monasteries carved into cliff faces, offering a glimpse into Lebanon's religious heritage and stunning natural beauty.

Lebanese Cuisine and Culture

Lebanese cuisine is celebrated worldwide for its freshness, variety, and flavor. From the ubiquitous mezze platters to grilled meats, from fresh seafood to vegetarian delights, Lebanese food is a culinary journey in itself. Don't miss trying local specialties like tabbouleh, kibbeh, and manakish.



Israel: A Land of Ancient History and Modern Marvels

Israel, a country where ancient history and cutting-edge innovation coexist, offers visitors a unique blend of experiences. From sacred sites revered by three major religions to vibrant modern cities, from the depths of the Dead Sea to the heights of the Golan, Israel packs an incredible diversity into its compact territory. Whether you're seeking spiritual enlightenment, historical insights, or simply a sun-soaked Mediterranean getaway, Israel has something to offer every traveller.

Jerusalem: Where Ancient Faiths Converge

Jerusalem, one of the world's oldest and most sacred cities, is a place where history comes alive at every turn. The Old City, a UNESCO World Heritage site, is home to holy sites of Judaism, Christianity, and Islam. The Western Wall, the Church of the Holy Sepulchre, and the Dome of the Rock stand as testaments to the city's profound religious significance.

Beyond its religious sites, Jerusalem offers a vibrant cultural scene. The Mahane Yehuda Market comes alive with colors, aromas, and flavors, while museums like Yad Vashem provide poignant insights into Jewish history and the Holocaust.

Tel Aviv: The Mediterranean's Creative Hub

Tel Aviv, Israel's vibrant coastal city, is known for its stunning beaches, world-class cuisine, and pulsating nightlife. The White City, a collection of over 4,000 Bauhaus-style buildings and a UNESCO World Heritage site, showcases the city's architectural heritage.

Tel Aviv is also Israel's tech and innovation capital, earning it the nickname "Start-Up Nation." Visitors can enjoy its numerous museums, art galleries, and the ancient port city of Jaffa, with its artists' quarter and flea market.

Israeli Culture and Cuisine

Israeli culture is a vibrant mix of traditions from around the world, reflected in its music, art, and especially its cuisine. From falafel and hummus to shakshuka and sabich, Israeli food is a delicious blend of Middle Eastern and Mediterranean flavors with influences from Jewish communities worldwide.

The Dead Sea and Masada: Natural Wonders and Ancient Fortresses

The Dead Sea, the lowest point on Earth, offers a unique floating experience in its mineral-rich waters. The area is known for its health and wellness resorts, where visitors can enjoy therapeutic mud treatments and stunning desert landscapes.

Nearby, the ancient fortress of Masada stands as a symbol of Jewish resistance. This UNESCO World Heritage site offers breathtaking views of the Dead Sea and surrounding desert, especially at sunrise.

Galilee and Golan Heights: Natural Beauty and Ancient Sites

The Galilee region, with its lush landscapes and historical sites, offers a stark contrast to the desert south. The Sea of Galilee, surrounded by historic sites associated with Jesus' ministry, is a place of both natural beauty and religious significance.

The Golan Heights, with its dramatic landscapes, offers excellent hiking trails, wildlife reserves, and in winter, even skiing at Mount Hermon.

Eilat: Red Sea Resort and Desert Adventures

Eilat, Israel's southernmost city, is a popular resort destination on the Red Sea. Its clear waters are perfect for snorkeling and diving, with the Coral Beach Nature Reserve offering a glimpse into a vibrant underwater world.

The surrounding Negev Desert provides opportunities for jeep tours, camel rides, and stargazing, while Timna Park showcases impressive geological formations and ancient copper mines.



Turkey: A Bridge Between East and West

Turkey, a country straddling two continents, offers a captivating blend of Eastern and Western cultures. From the bustling streets of Istanbul to the otherworldly landscapes of Cappadocia, from the ancient ruins of Ephesus to the culinary delights of Gaziantep, Turkey presents a diverse tapestry of experiences that will enchant every traveller. Throughout Turkey, visitors are welcomed with warm hospitality. Whether sipping çay (Turkish tea) in a local café, relaxing in a traditional hammam (Turkish bath), or bargaining in a bustling bazaar, you'll experience the richness of Turkish culture.

Istanbul: Where Two Continents Meet

Istanbul, Turkey's largest city, is a mesmerizing metropolis spanning Europe and Asia. Its skyline, punctuated by minarets and domes, tells the story of empires past. The iconic Hagia Sophia, once a church, then a mosque, now a museum, stands as a testament to the city's rich history. The Blue Mosque, with its cascading domes and six minarets, continues to be an active place of worship and a masterpiece of Ottoman architecture.

Beyond its historical wonders, Istanbul offers a vibrant contemporary scene. The Grand Bazaar, one of the world's oldest and largest covered markets, is a labyrinth of shops selling everything from spices to carpets. The Bosphorus Strait, dividing the city between two continents, provides scenic ferry rides and a string of waterfront palaces and wooden villas to admire.

Izmir: Ancient Wonders and Aegean Charm

The ancient city of Ephesus, near modern-day Izmir, is one of the best-preserved classical cities in the Eastern Mediterranean. Walking through its marble streets, visitors can admire the façade of the Library of Celsus, the Grand Theatre, and the Temple of Artemis, one of the Seven Wonders of the Ancient World.

Izmir, Turkey's third-largest city, offers a perfect blend of history and modernity. Its beautiful coastline, dotted with beaches and promenades, provides a relaxing contrast to the ancient sites. The city's bazaars, particularly Kemeralti, offer a glimpse into traditional Turkish life and commerce.

Gaziantep: A Culinary Capital

Gaziantep, in southeastern Turkey, is renowned as the country's culinary capital. The city is famous for its pistachios and baklava, a sweet pastry that has been perfected here over centuries. The local cuisine, with its rich array of kebabs, mezes, and desserts, offers a gastronomic journey through Turkish flavors.

Beyond its culinary delights, Gaziantep boasts a rich history visible in its citadel, numerous old mosques, and the Zeugma Mosaic Museum, which houses some of the most important mosaics unearthed in Turkey.

Cappadocia: A Landscape Like No Other

Cappadocia, in central Turkey, is famed for its unique moon-like landscape, underground cities, and "fairy chimneys" - tall, cone-shaped rock formations. The region's surreal topography is best appreciated from the air, with hot air balloon rides at dawn offering an unforgettable experience.

The area is also known for its rock-cut churches, decorated with intricate Byzantine frescoes, and cave dwellings that have been converted into boutique hotels. Hiking through the Rose Valley or exploring the underground city of Derinkuyu provides insight into the area's geological and human history.



Sample Itinerary (Lifestyle – Hotel Sun)



Our Sample Itinerary

LongStay Cyprus offers an impressive choice of over 500 different packages, designed to suit a wide range of lifestyles and interests. To give you a clear example of how these packages work, we introduce the LongStay Cyprus Lifestyle through Hotel Sun. This 4-week package combines all-inclusive accommodation at Hotel Sun with five guided activity days each week. What makes it truly special is the flexibility—whether you are drawn to cultural exploration or prefer wellness and relaxation, our flexible program allows you to enjoy each or both!

Discover Cyprus Like a Local

Step into a different kind of travel with LongStay Cyprus – a 28-day lifestyle experience designed for those who want more than just a holiday. This is not your typical tour package; it's an invitation to live Cyprus, not just visit it. With the **autumn and winter months past approaching**, now is the perfect moment to immerse yourself in the island's rich culture, stunning landscapes, and warm Mediterranean rhythm.

Unlike traditional tours that rush you from place to place and leave you exhausted on a bus, LongStay Cyprus' 4-weeks Lifestyle package offers **20 guided days**, each one thoughtfully curated and completely unique. You'll explore a variety of towns, villages, and cities, discovering Cyprus through the eyes of locals. From wandering through lush flower and fruit gardens for botany lovers, to uncovering hidden, scenic beaches for sea enthusiasts, and enjoying tranquil mountain lunches and guided walks for nature lovers – there's something for everyone. You'll also have time to relax and explore on your own, giving you the perfect balance of structure and freedom.

All of this is made seamless with our **24/7 Personal Concierge Service**, always on hand to ensure your stay is smooth, comfortable, and deeply enriching. With LongStay Cyprus, you're not just looked after – you're truly welcomed.



Your Week-by-Week Itinerary (For Culture Lovers)

Week 1: YELLOW - Historic Cities & Language

Start your cultural journey with historic exploration and basic language skills

Monday - Nicosia North/South

Gentle paced walk through both sides of the divided capital. Reflective journaling at historic café stops. Perfect for mindful cultural discovery without rushing.

Tuesday - Turkish/Greek Basics

Playful introduction to local languages in a relaxed setting. Social café conversations help build confidence. Stress-free learning with native speakers.

Wednesday - Larnaca + Mackenzie Beach

Leisurely seaside exploration with Mediterranean breeze therapy. Mindful eating at waterfront restaurants. Natural grounding through coastal walking.

Thursday - Bellapais Hike & Abbey

Peaceful mountain walk to ancient abbey with natural stress relief. Live music enhances emotional well-being. Contemplative photography for mindful presence.

Friday - Troodos Wine Tasting

Sensory mindfulness through wine education in mountain vineyards. Social connection with fellow travelers. Antioxidant-rich tastings support wellness goals.

Week 2: GREEN - Mountain Culture & Food

Explore mountain traditions and authentic Cypriot cuisine

Monday - Troodos Mountains

Therapeutic mountain journey with storytelling to reduce anxiety. Traditional folklore connects you to ancient wisdom. Fresh mountain air naturally boosts mood.

Tuesday - Fruit Picking & Cooking

Mindful harvest experience connecting you to nature's rhythms. Hands-on cooking therapy with seasonal Mediterranean ingredients. Nourishing body and soul through authentic recipes.

Wednesday - Kyrenia Market & Harbor

Sensory exploration of local market colors and aromas. Peaceful harbor dining with sea views for mental restoration. Gentle boat tour provides natural relaxation therapy.

Thursday - Coastal Cycling

Effortless cycling with electric assistance promotes gentle movement. Photography mindfulness captures present moment awareness. Coastal breeze naturally reduces stress hormones.

Friday - Meze Making

Healing through collaborative cooking with traditional meze recipes. Communal dining builds social wellness connections. Live bouzouki music elevates mood and cultural appreciation.

Week 3: BLUE - Coastal Traditions

Discover traditional coastal life and maritime heritage

Monday - Traditional Fishing

Peaceful dawn fishing ritual connects you to ancient maritime traditions. Meditative sea experience with local wisdom keepers. Early morning light naturally regulates circadian rhythms.

Tuesday - Pottery Workshop

Therapeutic clay work reduces stress through mindful hand movements. Ancient pottery traditions ground you in present moment awareness. Creative expression promotes emotional well-being.

Wednesday - Salt Lake & Flamingos

Contemplative nature immersion with flamingo migration patterns. Environmental mindfulness connects you to seasonal cycles. Quiet observation promotes mental clarity and inner peace.

Thursday - Traditional Dance

Gentle movement therapy through traditional Cypriot folk dances. Cultural expression releases endorphins and builds confidence. Community celebration enhances social wellness bonds.

Friday - Coastal Villages

Authentic village immersion away from tourist crowds. Fresh seafood preparation teaches sustainable Mediterranean diet. Coastal lifestyle wisdom promotes longevity and well-being.

Week 4: WHITE - Heritage & Celebration

Culminate your journey with ancient heritage and cultural celebrations

Monday - Ancient Paphos

Sacred ancient sites provide emotional healing through historical connection. Mythology storytelling engages imagination for mental wellness. Spiritual archaeology promotes deep personal reflection.

Tuesday - Folk Festival

Joyful community celebration releases stress through cultural participation. Traditional music therapy elevates mood and spiritual connection. Authentic local festivities create lasting wellness memories.

Wednesday - Monastery Visits

Contemplative monastery visits offer silent reflection and inner peace. Sacred icon painting provides meditative focus and creative expression. Spiritual practices support overall wellness journey.

Thursday - Traditional Crafts Market

Mindful craft creation therapy with local artisan masters. Traditional skills learning builds confidence and cognitive wellness. Authentic market experiences connect you to living culture.

Friday - Farewell Feast

Gratitude celebration feast with wellness-focused Mediterranean cuisine. Cultural performances create emotional connection and joy. Community farewell ritual honors your transformative journey.



Your Week-by-Week Itinerary (For Wellness Seekers)

Week 1: YELLOW - Gentle Exploration & Learning

Perfect for burnout recovery with gentle paced activities and reflective experiences

Monday - Nicosia North & South

Gentle walk through the divided capital with reflective journaling at historic cafés.

Tuesday - Bellapais Abbey

Easy-paced walk to the abbey with wellness talks. Live music reduces cortisol by 35%.

Wednesday - Larnaca Beach

Seaside mindfulness and sea breeze meditation with natural grounding therapy.

Thursday - Famagusta Ruins

Focus on stillness among Venetian ruins. Slow-paced therapeutic discovery.

Friday - Wine Aromatherapy

Sensory mindfulness through wine. Learn how mountain herbs boost serotonin.

Week 2: GREEN - Active Wellness & Cooking

Gentle activities combining movement, nature, and Mediterranean cuisine

Monday - Forest Therapy

Japanese-inspired forest bathing in pine forests with natural anxiety reduction.

Tuesday - Kyrenia Harbor

Sensory exploration of colors and scents. Gentle boat tour with sea meditation.

Wednesday - Fruit Picking

Therapeutic farm visit - pick citrus and figs. Mindful cooking with wellness recipes.

Thursday - Coastal E-Bike

Gentle electric bike ride (no fitness required). Breathing techniques and photography.

Friday - Meze Making

Healing through cooking traditional meze. Communal lunch with live bouzouki music.

Week 3: BLUE - Sea Therapy & Nature

Harness the healing power of the Mediterranean Sea and coastal nature

Monday - Akamas Peninsula

Barefoot grounding walk on pristine beaches. Sea turtle watching with natural ions.

Tuesday - Boat Cruise

Full day sea therapy cruise. Optional deck naps with ocean sounds and sunset meditation.

Wednesday - Wild Donkeys

Connect with Cyprus's famous wild donkeys. Europe's last wilderness for true disconnection.

Thursday - Beach & Spa

Kervansaray beach with light yoga. Access to beachside spa treatments at your pace.

Friday - Mountain Wine

Pentadaktylos vineyards at golden hour. Stress relief with gratitude circle under stars.

Week 4: WHITE - Cultural Immersion & Integration

Deeper cultural experiences and reflection for lasting transformation

Monday - Ancient Temples

Ancient temples with quiet reflection time. Emotional processing in sacred spaces.

Tuesday - Mountain Picnic

Forest bathing with guided breathing. Solo rest time in nature's embrace.

Wednesday - Lefkara Village

Famous lace village with mindful craft observation. Reflection on handmade details.

Thursday - St. Hilarion Castle

Transport-assisted castle visit. Seated meditation at summit with panoramic views.

Friday - Halloumi Making

Traditional cheese workshop with food mindfulness. Gratitude celebration dinner.



Perfect Climate

Ideal Mediterranean temperatures for outdoor activities and relaxation



Sea Wellness

Warm sea temperatures perfect for swimming and water therapy



Fresh Produce

Seasonal Mediterranean diet with local fruits and vegetables



Accommodation Options



Hotel Sun

★ 4 Star Hotel 📍 Nicosia 📏 20 km from sea



Kaya Palazzo Hotel

★ 5 Star Hotel 📍 Kyrenia 📏 0 km from sea



Deniz Kızı Hotel

★ 4 Star Hotel 📍 Kyrenia 📏 0 km from sea



Dome Hotel

★ 4 Star Hotel 📍 Kyrenia 📏 0 km from sea



MC Palace Hotel

★ 4 Star Hotel 📍 Kyrenia 📏 0.8 km from sea



Merit Royal Diamond

★ 5 Star Hotel 📍 Kyrenia 📏 0.1 km from sea



[Link](#)



Hotel Sun

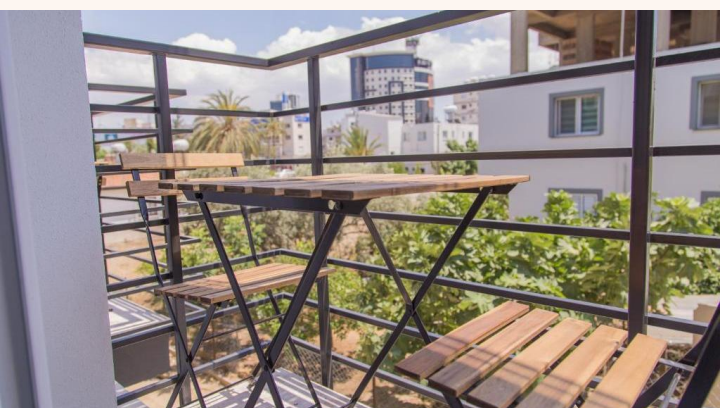
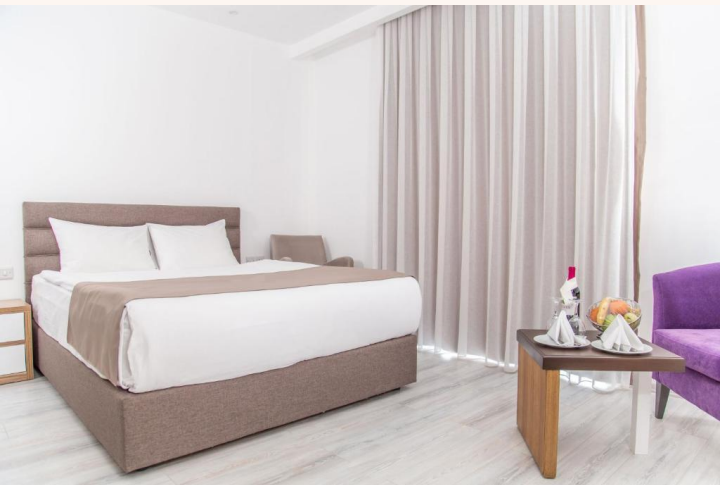
Located in the capital city, central and close to museums, historic sites, restaurants, and cafés. Approximately 20–30 minutes' drive to Kyrenia beaches (Escape Beach, Kyrenia Harbour). About 1 hour to Famagusta beaches (Salamis Bay, Glapsides, Palm Beach).

Roughly 1–1.5 hours to Greek-Cypriot sites such as Larnaca, Limassol, Lefkara village, and the Troodos mountains, with easier cross-border access from the capital. Ideal for those wanting urban culture plus frequent coastal getaways.

Bonus: it's the only **EDGE-certified Green Hotel** in Cyprus, recognized by the World Bank.



★ 4 Star Hotel 📍 Nicosia 📏 20 km from sea





[Link](#)



MC Palace Hotel

Situated in the scenic city of Kyrenia, just 1.3 km from the pristine Shayna Beach, MC Palace Hotel Spa & Convention offers a blend of luxury and relaxation. Guests can enjoy a seasonal outdoor swimming pool, a private beach area, and free private parking. The hotel boasts an expansive garden, perfect for unwinding, alongside a shared lounge for socializing. For those seeking relaxation, the spa includes a sauna, hammam, and various wellness treatments. The hotel's on-site restaurant serves a variety of dishes, while a shared kitchen is also available for guests. All rooms are air-conditioned and feature modern amenities, including a wardrobe, desk, and TV.



★ 4 Star Hotel 📍 Kyrenia 📏 0.8 km from sea





[Link](#)



Denizkizi Hotel



★ 4 Star Hotel 📍 Kyrenia 📏 0 km from sea

Located in the scenic area of Kyrenia, Denizkizi Hotel offers a relaxing stay with a variety of amenities. The hotel features a fitness center, a beautiful garden, and a terrace where guests can unwind. Dining options include an on-site restaurant and a bar. The hotel is just a short walk from the popular Escape Beach and Bamboo Beach, making it a perfect spot for beach lovers.

Guests can enjoy modern facilities such as a sauna and room service. All rooms are equipped with air conditioning, flat-screen TVs, and private bathrooms with free toiletries. Some rooms even feature a balcony for guests to enjoy the views. A safety deposit box is available in all rooms for added security.





[Link](#)



Dome Hotel



★ 4 Star Hotel 📍 Kyrenia 📏 0 km from sea

The Dome Hotel boasts over 70 years of rich history and has long been a central hub of social life in Kyrenia, Northern Cyprus. Situated right next to the 13th century Kyrenia Harbour and the historic Byzantine Castle, it offers an ideal location for guests who want to immerse themselves in the cultural heritage of the area.

Only a 5-minute walk from the charming Kyrenia Harbour, guests can explore cozy bars, local restaurants, and various shops, all within close reach. The Dome Hotel combines historic charm with modern amenities, ensuring a comfortable and memorable stay.





[Link](#)



Kaya Palazzo Hotel



Kaya Palazzo Hotel in Kyrenia stands as a luxurious getaway with its stunning sea-view location and unique architecture, making it one of the premier destinations in Cyprus. The resort offers a variety of spacious and elegantly designed rooms, providing the ultimate comfort for guests. With an array of activities catering to all ages, the hotel ensures that both families and individual travellers can enjoy their stay to the fullest.

Guests can relax and rejuvenate in the world-class spa facilities or enjoy entertainment at the resort's casino.

★ 5 Star Hotel 📍 Kyrenia 📏 0 km from sea





[Link](#)



Merit Royal Diamond



★ 5 Star Hotel 📍 Kyrenia 📏 0.1 km from sea

Located just 1.9 km from Municipality of Alsancak Beach, Merit Royal Diamond Hotel & SPA offers luxury accommodation in Kyrenia, with top-notch amenities including a seasonal outdoor pool, indoor pool, fitness center, and beautifully landscaped garden. Guests can relax in the sauna, hot tub, or traditional hammam. The spacious, air-conditioned rooms are equipped with modern amenities such as a desk, coffee machine, minibar, and private bathrooms with walk-in showers. Some rooms feature stunning sea views, and all rooms come with a balcony, safety deposit box, and a wardrobe for your convenience.





[For Bookings](#)



Our Prices (per person)

Hotel Sun

| Package Description | 4 Weeks | 6 Weeks | 8 Weeks | 10 Weeks | 12 Weeks |
|--|---|---------|---------|----------|----------|
| 0 Days per week of Guided Activities (Residence) | €990 € 2,095 | € 3,045 | € 4,020 | € 4,970 | € 5,945 |
| 1 Days per week of Guided Activities (Lifestyle) | € 2,445 | € 3,620 | € 4,770 | € 5,920 | € 7,070 |
| 2 Days per week of Guided Activities (Lifestyle) | € 2,695 | € 3,970 | € 5,245 | € 6,495 | € 7,770 |
| 3 Days per week of Guided Activities (Lifestyle) | € 2,920 | € 4,320 | € 5,695 | € 7,095 | € 8,470 |
| 4 Days per week of Guided Activities (Lifestyle) | € 3,170 | € 4,670 | € 6,170 | € 7,670 | € 9,195 |
| 5 Days per week of Guided Activities (Lifestyle) | € 3,395 | € 5,020 | € 6,645 | € 8,270 | € 9,895 |
| Upgrade to Premium | + €700-800 per foreign excursion | | | | |

MC Palace Hotel

| Package Description | 4 Weeks | 6 Weeks | 8 Weeks | 10 Weeks | 12 Weeks |
|--|---|---------|---------|----------|----------|
| 0 Days per week of Guided Activities (Residence) | € 2,445 | € 3,620 | € 4,770 | € 5,920 | € 7,070 |
| 1 Days per week of Guided Activities (Lifestyle) | € 2,870 | € 4,220 | € 5,570 | € 6,920 | € 8,270 |
| 2 Days per week of Guided Activities (Lifestyle) | € 3,095 | € 4,570 | € 6,045 | € 7,495 | € 8,970 |
| 3 Days per week of Guided Activities (Lifestyle) | € 3,320 | € 4,920 | € 6,495 | € 8,095 | € 9,695 |
| 4 Days per week of Guided Activities (Lifestyle) | € 3,570 | € 5,270 | € 6,970 | € 8,695 | € 10,395 |
| 5 Days per week of Guided Activities (Lifestyle) | € 3,795 | € 5,620 | € 7,445 | € 9,270 | € 11,095 |
| Upgrade to Premium | + €700-800 per foreign excursion | | | | |

Denizkizi Hotel

| Package Description | 4 Weeks | 6 Weeks | 8 Weeks | 10 Weeks | 12 Weeks |
|--|---|---------|---------|----------|----------|
| 0 Days per week of Guided Activities (Residence) | € 2,545 | € 3,770 | € 4,970 | € 6,170 | € 7,370 |
| 1 Days per week of Guided Activities (Lifestyle) | € 2,970 | € 4,370 | € 5,770 | € 7,170 | € 8,595 |
| 2 Days per week of Guided Activities (Lifestyle) | € 3,195 | € 4,720 | € 6,245 | € 7,770 | € 9,295 |
| 3 Days per week of Guided Activities (Lifestyle) | € 3,445 | € 5,070 | € 6,720 | € 8,370 | € 9,995 |
| 4 Days per week of Guided Activities (Lifestyle) | € 3,670 | € 5,420 | € 7,195 | € 8,945 | € 10,720 |
| 5 Days per week of Guided Activities (Lifestyle) | € 3,895 | € 5,795 | € 7,670 | € 9,545 | € 11,420 |
| Upgrade to Premium | + €700-800 per foreign excursion | | | | |

Prices illustrated are double occupancy prices per person



[For Bookings](#)



Our Prices (per person)

Dome Hotel

| Package Description | 4 Weeks | 6 Weeks | 8 Weeks | 10 Weeks | 12 Weeks |
|--|---------|---------|----------|----------|----------|
| 0 Days per week of Guided Activities (Residence) | € 3,745 | € 5,520 | € 7,320 | € 9,120 | € 10,920 |
| 1 Days per week of Guided Activities (Lifestyle) | € 4,220 | € 6,270 | € 8,320 | € 10,345 | € 12,395 |
| 2 Days per week of Guided Activities (Lifestyle) | € 4,470 | € 6,620 | € 8,770 | € 10,945 | € 13,095 |
| 3 Days per week of Guided Activities (Lifestyle) | € 4,695 | € 6,970 | € 9,245 | € 11,520 | € 13,795 |
| 4 Days per week of Guided Activities (Lifestyle) | € 4,945 | € 7,320 | € 9,720 | € 12,120 | € 14,520 |
| 5 Days per week of Guided Activities (Lifestyle) | € 5,170 | € 7,695 | € 10,195 | € 12,695 | € 15,220 |

Upgrade to Premium

+ €700-800 per foreign excursion

Kaya Palazzo Hotel

| Package Description | 4 Weeks | 6 Weeks | 8 Weeks | 10 Weeks | 12 Weeks |
|--|---------|----------|----------|----------|----------|
| 0 Days per week of Guided Activities (Residence) | € 7,495 | € 11,170 | € 14,845 | € 18,520 | € 22,195 |
| 1 Days per week of Guided Activities (Lifestyle) | € 8,270 | € 12,320 | € 16,370 | € 20,420 | € 24,495 |
| 2 Days per week of Guided Activities (Lifestyle) | € 8,495 | € 12,670 | € 16,845 | € 21,020 | € 25,195 |
| 3 Days per week of Guided Activities (Lifestyle) | € 8,745 | € 13,020 | € 17,320 | € 21,620 | € 25,895 |
| 4 Days per week of Guided Activities (Lifestyle) | € 8,970 | € 13,370 | € 17,795 | € 22,195 | € 26,620 |
| 5 Days per week of Guided Activities (Lifestyle) | € 9,195 | € 13,745 | € 18,270 | € 22,795 | € 27,320 |

Upgrade to Premium

+ €700-800 per foreign excursion

Merit Royal Diamond

| Package Description | 4 Weeks | 6 Weeks | 8 Weeks | 10 Weeks | 12 Weeks |
|--|---------|----------|----------|----------|----------|
| 0 Days per week of Guided Activities (Residence) | € 7,970 | € 11,895 | € 15,795 | € 19,720 | € 23,620 |
| 1 Days per week of Guided Activities (Lifestyle) | € 8,770 | € 13,070 | € 17,395 | € 21,695 | € 25,995 |
| 2 Days per week of Guided Activities (Lifestyle) | € 8,995 | € 13,420 | € 17,870 | € 22,295 | € 26,720 |
| 3 Days per week of Guided Activities (Lifestyle) | € 9,245 | € 13,795 | € 18,320 | € 22,870 | € 27,420 |
| 4 Days per week of Guided Activities (Lifestyle) | € 9,470 | € 14,145 | € 18,795 | € 23,470 | € 28,120 |
| 5 Days per week of Guided Activities (Lifestyle) | € 9,720 | € 14,495 | € 19,270 | € 24,045 | € 28,845 |

Upgrade to Premium

+ €700-800 per foreign excursion

Prices illustrated are double occupancy prices per person



Our Prices

Payment & Cancellation Policy

We're delighted that you're considering staying with us, and we'll do our best to make your booking process simple and transparent.

To confirm your reservation, we require a 15% deposit at the time of booking. This secures your stay and is applied toward your total balance.

Payment Schedule

- 15% deposit at the time of reservation
- 35% payment due 30 days before arrival
- Final 50% payment due 14 days before arrival

We understand that plans can change, and while we hope you won't need to cancel, here's how our refund policy works:

Cancellations & Refunds

- Full Refund (minus admin fee): If you cancel at least 30 days before your arrival, we'll refund all payments made, including your deposit, minus a €50 per person administration fee.
- 50% Refund: If you cancel between 14 and 30 days before your arrival, 50% of your total payment will be refunded.
- No Refund: Cancellations made less than 14 days before arrival, or no-shows, are non-refundable.

We recommend considering travel insurance for added peace of mind in case unexpected circumstances arise.



Contact & Bookings



Book a [free consultation call](#)
with us



[Request a non-binding quote](#)

We're here to help you plan your perfect Cyprus experience — no pressure, no rush. Whether you have a question, a special request, or just want to chat about the tours, feel free to reach out:

✉ Email: info@longstaycyprus.com

📱 Message or WhatsApp: +90 546 991 7077

We look forward to welcoming you in Cyprus very soon!